115 NMR Readme

How to Install these Settings

1. Open a spectrum in MestReNova
2. Right click on the white space of the spectrum
3. Select “Properties”
4. Click the folder icon in the top left corner
5. Select the settings wherever you’ve downloaded them
6. Load them in and click “Set as Default” in the bottom left corner
7. Apply the settings and ensure they’ve loaded properly by referencing the example spectrum